



MINI ALL-IRELAND

LADIES FOOTBALL & CAMOGIE

2016

"The aim is that each child participates fully and that the games are played in a spirit of fun and fair play for the enjoyment of all."

Rules: Traditional Scoring system in both (1pt over the bar/3pts under)

Football: 1 hop, 1 solo. All kickouts, frees to be taken from the hands. (45's only U11/12 competition. Players that are fouled must take the free. Games are 10 min's a half. After a score all competitions will start with a throw up in the middle of the field.

Camogie: Normal Rules apply, Goalkeeper cannot score.

Rules for the U7/8 competitions - No solo (only lift, catch & strike). U9/10 and U11/12 competition limited solo, 4 steps + 1 touch, 1 kick but cannot score. In U7/8 and U9/10 after a score the games will re-start with a throw-in in the middle of the field.

Smart Touch Sliothar - U11/12. Quick Touch Sliothar - U9/10 & U7/8.

Substitutions: If there is a difference of 1 between teams - No substitutes, if a difference of 2 - Play with 1 sub, if a difference of 3 - Play with 2 subs. If 4 or more (highly unlikely), points are awarded & teams are mixed for a game.

PLAYERS

- Should assemble with your team manager at designated pitch 15 mins before kick off.
- T-shirt of your team colour must be worn every evening.
- We have tried to allocate team managers to every team. In the event of insufficient numbers we may require parents to fill in.

MANAGERS

- Manager of the week competition in each age group, winners will be selected using listed criteria (see back of the application form)
- Team t-shirt to be worn every evening.
- Team sizes may vary, check with referee before each game.
- **Panels may have uneven numbers. Check with Referee & Opposition Manager before each game. If you have to use subs, rotate players every 30secs.**
- Players not on your list cannot be put on your team
- Assemble your team 15 mins before kick off at designated pitch.
- Stay off the pitch, Do not abuse the referee.
- If you have any problems with parents, please report to Paraic/Niall immediately.
- Only shout encouragement.
- Rotate positions- Give players a chance in every position.
- On the Final night bring your team up to Paraic/Niall for the presentation and Prize giving.