



Clubhouse Community Activities; Sept 2018

<u>Activity</u>	<u>Time</u>	<u>Room</u>	<u>Contact</u>
Alexander Technique (teaching)	By appointment	3	Masoumeh Melrose 086 890 4435
GlenART Group	Tuesday am	4	Jenny Coghlan 086 6036 613 jenny.coghlan@gmail.com
ART with Judy Glyn, Artist	Thursday am		Karen 085 7878 401 Judyglynn.com
Bar 'Kilmacs' Club Bar	Mon to Sat eve & Sundays	Kilmacs	info@glenalbyn.ie
BRIDGE Club	Wednesday am	Function Room	Thomas McCormack 086 3959 953
Café – Village Cafe	8am to 5 pm Mon to Sat	Kilmacs	Michael Kinsella 087 3967 711 Michaelkinsella179@gmail.com
Adult ConfIDANCE	Tues & Thurs am Thurs pm	Function Room	jane@janeshortall.com Janeshortall.com
History Society	2 nd Thursday monthly		Kilmacudstillorganhistory.ie
Irish Dancing	Sat 9.30 am Mon 6pm	5	shaunamcgauran@gmail.com 086 167 1320
Meditation (<i>an Introduction</i>)	Wed 7.45am to 8.30am	BoardRoom	Masoumeh Melrose 086 8904435 dublinosteopaths@gmail.com
Montessori	Monday to Friday	5 & 6	Patricia Pleass 086 2026 127
Osteopaths Ian & Masoumeh Melrose	Mon to Sat by appointment	3	086 3966 788 dublinosteopath@gmail.com
Celtic Star Performing Arts	Mon to Thurs pm	F U N C T I O N R O O M	Orla Marshall Celtic Start Performing Arts
PILATES	Mon & Thurs 9.15 am		Kiera Browne www.physioextra.ie
Set Dancing	Sunday evenings		shaunamcgauran@gmail.com 086 167 1320
Slimming World	Mon. 7.30 pm Thurs. 9.30 am		Karen 086 2227 773 <i>Monday</i> karenosull@gmail.com Emma 086 3227 352 <i>Thurs</i> Emma.barron4@gmail.com
South City Church	Sunday am		David McWilliams Southcitychurch.org
Tai Chi	Wed pm		AlexDelogu 085 1496 059 alex@taichiireland.com
Weightwatchers	Tues 5.30pm Wed 10am		corinamcnamara@gmail.com
Power Yoga4Sports	Tues 8.30pm Fri 9.15am		Fiona Donovan 086 8222 697 yogawithfionay@gmail.com
Yoga Patricia Conway	Mon 10.45am Fri 11am		Patricia Conway activekidsphysio@yahoo.com