



KILMACUD CROKES GAA CLUB

WELCOME

Our Club's 'Social Story' for newcomers

CLUBHOUSE



There are lots of things inside...

- A **Shop** where you can buy your playing 'kit' (jersey, shorts, socks, nice training tops, helmet, hurley, sliotars and footballs)
- a **Café** (daytime) where you can get food and drink
- **Dressing Rooms** where some teams change their clothes before and after matches or training
- **A large Function Room & Meeting rooms**

Kilmacud Crokes GAA Club

It's great fun going to Kilmacud Crokes GAA Club



“NURSERY”

Games Development Officers - **Paraic McDonald** (Football) & **Niall Corcoran** (Hurling) – organise Nursery and coaching. They also visit schools & run Mini All Irelands and GAA Camps



Learning Hurling skills



Learning Football skills



There will be lots of boys and girls in Nursery playing games with me.
A coach will explain how to play the games and it will be fun.
I can ask the coach for help anytime.

THE PADDOCK



**This is where we play
Nursery Games.
It is an all-weather
pitch so I wear trainers
to play games rather
than boots.**

Coach

Coaches and Mentors will show me how to play games.

Who are They?. They are Club members and trained to teach games (*like a teacher*). A coach is usually a parent, a Club player or a brother or sister of a Club player.



Sometimes a coach will blow a whistle. The whistle is noisy but I need not be afraid.

The coach blows his whistle when he – or she - needs me and the team to listen carefully.

I can ask my coach for help anytime

PAIRC DE BÚRCA



Pairc deBúrca is the Club's main pitch We can watch games here and play football, hurling and camogie.

Summer Camps take place here too.

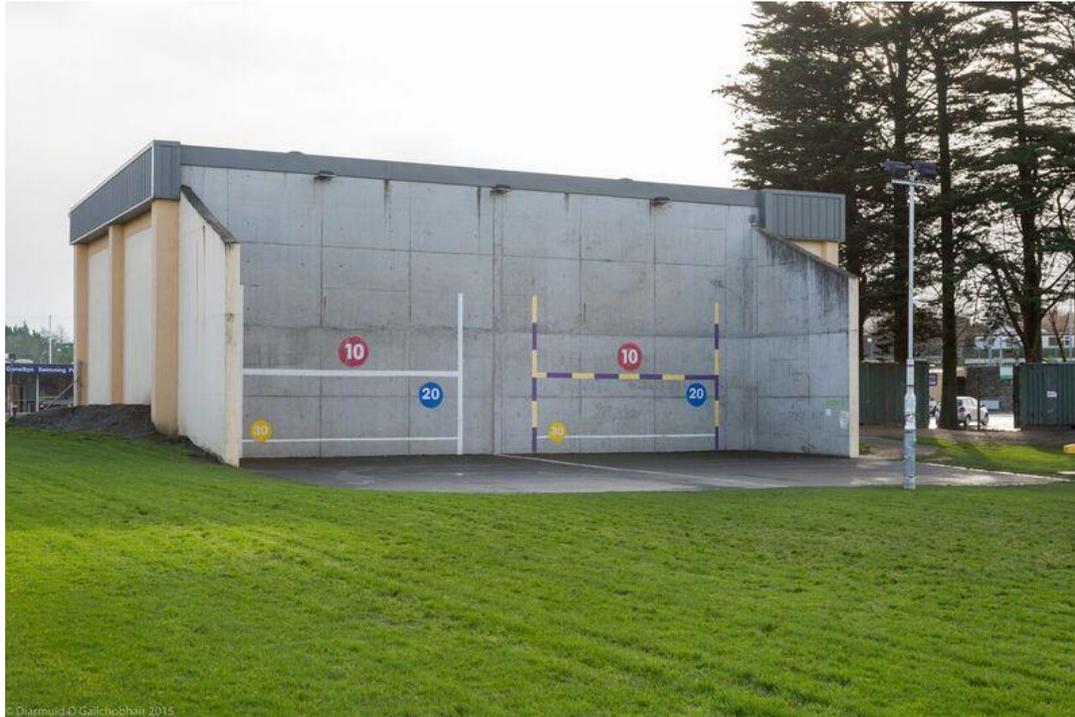
HURLING ARENA



**This is where we train
for hurling.**

Hurling Arena

Wall outside the Hurling Arena



Inside the Hurling Arena



Hurling & Camogie

Hurling & Camogie look alike; Boys play Hurling & Girls play Camogie.

Hurling and Camogie players play with a stick called a 'hurley'. They wear a helmet to protect their heads.

The ball is called a 'sliotair'



Girls playing camogie



Playing Football

The Kilmacud Crokes 'kit' is purple and gold and we wear it during games. I can buy the Club jersey, shorts and socks in the Club shop.



Save your Smile... You must wear a mouthguard during football. This is to protect your teeth. You can buy mouthguards in the Club shop.



“GO-GAMES” Principles – *Adult information*

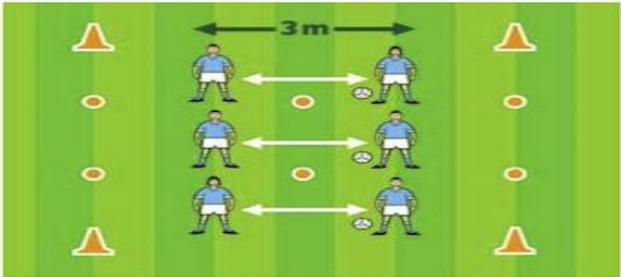
The following are the key underpinning principles of Go Games:

- All participants play in the full game
- Participant needs are catered for, where possible, on the basis of two year age cohorts i.e U 8, U 9, U10 & U 11 in a manner consistent with the ethos of Go Games
- Activities are structured in a manner which optimises the level of fun, friendship, fair play and achievement derived by participants
- Participants train and play in a safe, supportive and stimulating environment where they are encouraged to risk error, to learn and to derive maximum enjoyment from their involvement
- Players master the basic skills of Hurling and Gaelic Football and experience the sense of accomplishment which derives from acquiring playing proficiency on the left and right hand side of the body
- Everybody involved in Go Games, whether as players, parents/guardians, spectators, mentors, teachers, officials etc, should adhere to the key underpinning principles and give expression to the GAA ‘Give Respect, Get Respect’ initiative Go Games may be organised on a blitz basis.

GO GAMES

Adult information

Basic Drill



Hand Pass to Partner
Players Hand Pass to their partner in turn

Handpass

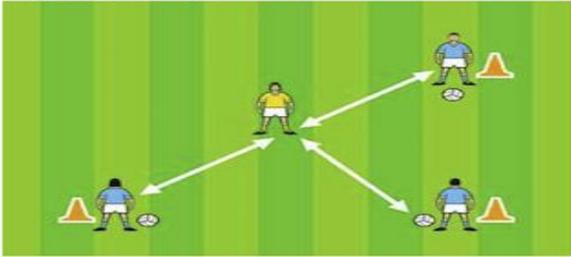
Key Points

1. Support the ball in the palm of one hand
2. Extend the striking hand back
3. Strike through the middle of the ball
4. Follow through in the direction of the pass

Head - Hands - Feet

STEP - Vary the activity
Vary Space Vary Task
Vary Equipment Vary Players

Intermediate Drill



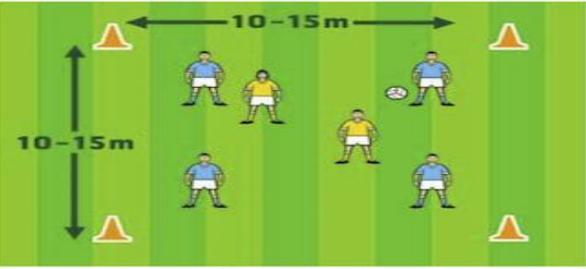
Pressure Pass
Middle player in turn takes and returns a pass from outer players.

Intermediate Drill



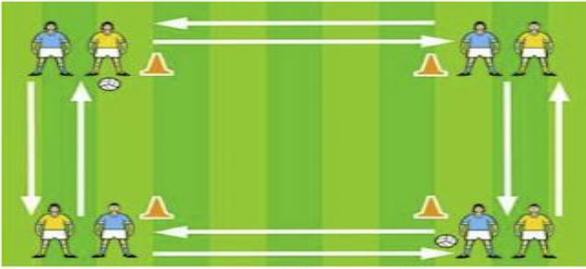
Zig-Zag Pass
Players Hand Pass the ball for the next player to run on to and then take their place

Fun Game



Keep Ball
Players retain possession by Hand Passing to each other.

Fun Game



Around the Square Game
One teams Hand Passes clockwise around the square and the other goes anti-clockwise

TEAM POSITIONS; *adult information*

– applies from U13 age group and up.



CAR PARK



We will park our car in the carpark. We will then get out of the car in the carpark and walk to the pitch where we will play games.

There are lots of people and cars in the carpark.

Make sure to look out for moving cars before crossing the road

CLUBHOUSE TOILETS *- I can use these toilets anytime*

Boys toilets; upstairs in the Clubhouse



Girls Toilet basin for washing hands; upstairs in the Clubhouse



There is a hand-dryer in the toilets which is noisy. I can ask people not to use it while I am there.

CLUBHOUSE MEETING ROOMS



There are several meeting rooms in the Clubhouse for team meetings and events. Santa Clause visits our Function Room at Christmas



VILLAGE CAFÉ

During the day, there is a Café in the Clubhouse. They serve lovely food. Sometimes it gets very busy and can be noisy.



INSIDE A DRESSING ROOM

Sometimes when we are at a Camp or playing games, we change our clothes and boots and leave our lunch and bags in the dressing room. There are also toilets and showers in the dressing room.

