

Study skills seminar for Leaving Cert students and their parents.



Parents feedback from the seminar

A brilliantly researched and informative study skills talk last night. Capturing the attention of an audience and a Friday night is some skill.

I think you have lifted a cloud from our house – we have a way forward.

Brilliant, I wish I got it years ago, loved it.

Very valuable, clear concise, backed up with research. Pitched perfectly for teenagers. It was excellent it gave us the language and knowledge to help our kids.

Every year thousands of students sit the Leaving Cert and Junior Cert exams in Ireland. They often spend hours cramming, revising, studying and stressing in the lead up to these exams. But have you ever stopped to think has anybody ever taught them the skills and tools necessary to be successful in these exams. Has anybody ever taught them how to study and revise effectively and efficiently? How often do we see and hear these young people giving up all their sporting and social outlets in order to study and never to go back to them?

This study skills seminar answers these very questions. It guides young people and their parents along the path of effective study skills and de-bunks the myths and misconceptions that are out there. It is an engaging, lively, research based presentation that will answer all your questions on studying and how to study effectively. It is an

opportunity to ask questions and learn what actually works when it comes to revising and studying.

Student feedback from the seminar

This was beneficial no one ever teaches you how to study they just expect you to know.

I thought it was beneficial, as I really struggle to study in the long run and was always told the wrong things. It was all explained well. Well done I found it helpful

I thought it was beneficial because it explained how to study. This session helped teach the importance of studying and caring for yourself.

It was well explained and I learned new things. It was beneficial and easy to understand.



This 90 minute seminar is full of simple, effective tips that will allow participants and their families to get to grips with the process of studying. Complex scientific methods are explained in everyday language that allows students apply them to their learning with ease. Questions are welcome throughout the entire seminar and there is individualised feedback and an opportunity for further explanations at the end of the session. The seminar teaches students how to work smarter and learn effectively while they enjoy a full and balanced lifestyle.

